



3. Proba de lingua inglesa

3.1 Formato da proba

Formato

- A proba consta de 20 cuestións tipo test.
La prueba consta de 20 cuestiones tipo test.
- As cuestións teñen catro posibles respostas, das que soamente unha é correcta.
Las cuestiones tienen cuatro posibles respuestas, de las que solamente una es correcta.

Puntuación

- Un punto por cuestión correctamente contestada.
Un punto por cuestión correctamente contestada.
- Cada resposta incorrecta restará 0,25 puntos.
Cada respuesta incorrecta restará 0,25 puntos.
- As respostas en branco non descontarán puntuación.
Las respuestas en blanco no descontarán puntuación.

Duración

- Este exercicio terá unha duración máxima de 40 minutos.
Este ejercicio tendrá una duración máxima de 40 minutos.

Procedemento / Procedimiento

- En cada cuestión, sinala a resposta correcta rodeando cun círculo a letra elixida. Se quere rectificar, risque a letra elixida e rodee cun círculo a opción que considere correcta.
En cada cuestión, señale la respuesta correcta rodeando con un círculo la letra elegida. Si quiere rectificar, tache la letra elegida y rodee con un círculo la opción que considere correcta.
- Neste caderno de exame pode realizar as anotacións que desexe.
En este cuaderno de examen puede realizar las anotaciones que desee.
- Traslade despois as respostas elixidas á folla de respostas.
Traslade después las respuestas elegidas a la hoja de respuestas.



3.2 Exercicio

Texto 1



Healthy eating and drinking is an important part of looking after your health. Here are some easy tips to help you to follow a healthy balanced diet.

What is healthy eating?

You can start enjoying a healthy balanced diet today simply by following these five tips:

- Eat a variety of foods.
- Include vegetables, wholegrain, fruit, nuts and seeds every day.
- Choose healthier fats and oils.
- Try to limit sugary, fatty and salty take-away meals and snacks.
- Drink mainly water.

To find out more about these types of foods and drink and how to incorporate them into your daily routine click on the tabs on the left hand side of this page.

[Fruits & vegetables](#)

Find out why you need to eat your fruits & veg and how much of it you should be eating.

[Seafood](#)

Oily fish and seafood contain omega-3 fats which help to maintain good general health and reduce the risk of heart disease and stroke.

[Dairy](#)

Find out why you need dairy products in your diet and how much you should be including.

[Egg, legumes, peas, nuts & seeds](#)

What is a pea? and how much should you be eating?

[Carbohydrates & sugars](#)

Sugar is a type of carbohydrate needed by our body for energy.

[Cereals](#)

Find out different types of cereals and how much you should be including in your diet.

[Meat](#)

Meat is a good source of protein and vitamins and minerals, such as iron, selenium, zinc, and vitamins. It is also one of the main sources of vitamin B12.

[Salt](#)

How much salt is too much? And how can I reduce my intake?

[Water](#)

Did you know that water makes up about two-thirds of our body weight?

Find out why it is so important.

<http://www.heartfoundation.org.au/healthy-eating/Pages/default.aspx>

1. If you want to stay healthy,

- A** you should eat a lot of varied food.
- B** you should eat fats and oils.
- C** you should eat lots of sweets and chocolate.
- D** you shouldn't drink water every day.



2. How can this site (web page) help you? This site can help me...

- A ...to look after my health.
- B ...to cook healthy food.
- C ...to buy vegetables online.
- D ...to drink and eat abundantly.

3. Choose the correct answer.

- A I eat carbohydrates in order to get proteins for my body.
- B I eat meat because I need energy.
- C I eat fish because I don't want to have a heart attack.
- D I eat salt because it gives me B vitamins.

4. What can I take to improve my mineral intake?

- A You can eat bread and sweets.
- B You can eat chicken and turkey.
- C You can eat tomatoes and pasta.
- D You can eat nuts and seeds.

5. What makes up your body weight?

- A I weigh one third water and two thirds proteins and fats.
- B I weigh one third proteins and two thirds proteins and water.
- C I weigh one third proteins and fats and two thirds water.
- D I weigh three thirds water, proteins and fats.

6. Good morning, May I speak to Mr. Martinez, please?

- A I'm sorry but he weren't back until Friday.
- B I'm sorry but he not in. May I ask who is calling?
- C I'm sorry but he is being out for lunch. Could I have your name, please?
- D I'm sorry but he is in a meeting right now.

7. What are your new year's resolutions?

- A I'm going to work harder at eating healthier and doing more exercise.
- B I going to stop smoking and play sports.
- C I will be to visit London and learn English.
- D I will stopping eating sweets and ice-creams.

8. What does your husband look like?

- A He likes pizza and hot dogs.
- B He is handsome and very tall.
- C He is very intelligent and hard-working.
- D He looks his father and brother.

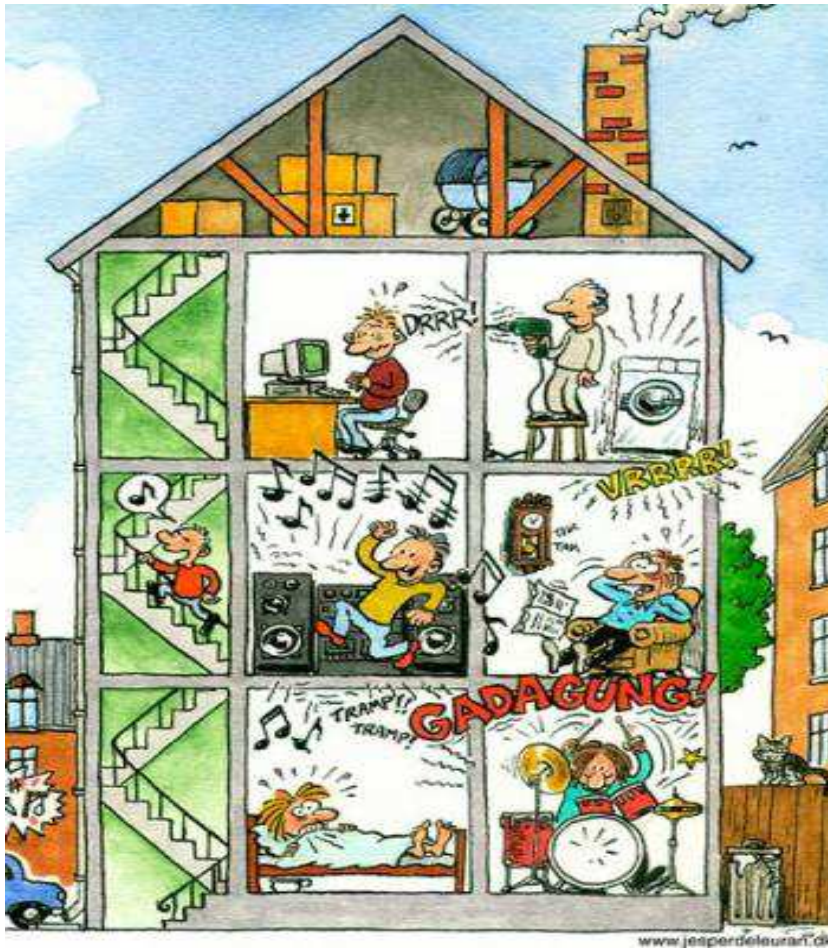


9. Choose the correct option.

- A When did she last went to the dentist? On Wednesdays.
- B When does she last gone to the dentist? On the Wednesday.
- C When does she last went to the dentist? On Wednesday.
- D When did she last go to the dentist? On Wednesday.

10. Jane went with _____ sister to the shopping centre. ____ met ____ parents there.

- A her _____ their _____ the.
- B her _____ they _____ their.
- C his _____ they _____ them.
- D your _____ them _____ you.



11. Choose the correct option.

- A There are two neighbours making noise.
- B There is one neighbour trying to sleep.
- C There is a neighbour playing a guitar.
- D There is a neighbour going down the stairs.

12. Who wants to drill the wall?

- A The man on the second floor right.
- B The man on the second floor left.
- C The man on the first floor left.
- D The man on the ground floor left.

13. There is a man playing the drums. Where is he?

- A He is in the cellar.
- B He is on the ground floor.
- C He is in the garage.
- D He is in his kitchen.



14. Choose the correct option.

- A There is a man wearing a tracksuit and some trainers.
- B There is a man wearing a shirt, a tie and a jacket.
- C There is a man wearing a shirt and dark trousers.
- D There is a man wearing shorts and a T-shirt.

15. Choose the correct option.

- A The man who wants to sleep is relaxed.
- B The man who is singing is very happy.
- C The man who is working on his computer is satisfied.
- D The man who is reading is calm.

16. What time is it?

- A It is five o'clock to eleven. It's time to go.
- B It is half past five. It's time going.
- C It is ten and twenty. It's time we go.
- D It is one o'clock. It's time to go.

17. Oh dear! I have boughtflour andparsley.

- A too manytoo few.
- B verylittle.
- C too muchvery.
- D too muchtoo little.

18. Tomorrow Ia final exam. I home and

- A am going to havemust gostudy.
- B will havecan go.....will study.
- C have.....mustn't gostudy.
- D am havingwould go studied.

19. If heenough money, heanother flat!

- A has....will buys.
- B havewill buy.
- C havebuy.
- D haswill buy.

20. Iin order tofor the post of shop assistant.

- A am writing.....apply.
- B writingapplying.
- C writeapply.
- D are writingapplying.